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NEWS RELEASE -MEETING AGENDA

TO: Concho Valley Regional Advisory Committee on Aging

FROM: Toni P. Roberts, Aging Services Director, Area Agency on Aging of the Concho Valley

DATE: November 16, 2018

SUBJECT: Meeting Agenda

The regular meeting of the Concho Valley Regional Advisory Committee on Aging will be held Wednesday, November 28, 2018 beginning at 10:00 a.m. at the Concho Valley Regional Training Center, 2801 W. Loop 306, Suite A, San Angelo, TX

AGENDA

- I. Determination of a quorum and call to order Dolores Schwertner, Chair
2. Invocation & Pledge of Allegiance
3. Welcome guests
4. Review/Approval of minutes from September 26th, 2018 meeting
5. Texas Silver Haired Legislature Report (TSHL) report
6. Aging Director's Report: Planning budget, Closeout, EBI
7. Member handouts and discussion: review FY 18 services, review FY 19 AAA proposed client services, FY 19 Service Definitions, FY 19 AAA Performance Measure Projections, and AAA staffing plan. Update annual RACOA forms.
8. Discussion - Concho Valley Transit
9. Other Business/Announcements
10. Next Meeting: Wednesday, January 23rd, 2019 - Concho Valley Regional Training Center

A program of the Concho Valley Council of Governments *Funded in part by Texas Health and Human Services

Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch, Menard, Reagan, Schleicher, Sterling, Sutton and Tom Green Counties

MINUTES OF MEETING
REGIONAL ADVISORY COMMITTEE ON AGING
September 26th 2018

The Regional Advisory Committee on Aging (RACOA) met on Monday, September 26, 2018 beginning at 10:03 a.m. at the Concho Valley Area Agency on Aging meeting room, 2801 W. Loop 306, Suite A, San Angelo, Texas.

Members present were:

Linda Alastuey
Shandy Childs
Mary Cortinas
Lynn English
Maggie Farrington
Beth Grounds
Mary Kay Henson
Louise Jacobsen
Sherry Hubbard
Erin Kelly
Wayne Merrill
Sheri Millican
Rosie Quintela
Mary Roden
Dolores Schwertner
Dana Sercos

Staff present were:

Toni P. Roberts
Crystalin Pattillo

Guests included:

August Roden - Mary Roden's Husband
Gloria Henderson - Potential TSHL Member for San Angelo
Cheree Watts - Concho Valley Transit
Brady Quam - Concho Valley Transit

BUSINESS

CALL TO ORDER

Chairman, Dolores Schwertner, announced the presence of a quorum and called the regular meeting of the Regional Advisory Committee on Aging (RACOA) to order at 10:03 a.m.

INVOCATION AND PLEDGE OF ALLEGIANCE

Wayne Merrill gave the invocation and led the Pledge of Allegiance.

WELCOME GUESTS

Gloria Henderson and August Roden were introduced and welcomed.

APPROVAL OF MINUTES

The minutes of the July 20, 2018 RACOA meeting were reviewed and approved.

TEXAS SILVER HAired LEGISLATURE (TSHL) REPORT

Member Sherry Hubbard provided an update regarding 15 new members being added to TSHL, in the last year, including the upcoming member Gloria Henderson who will be voted in in the Fall. With the new members, member numbers sit just above 100 with a capacity of 123. The Executor's Meeting will be held October 11th; the budget is ready for the next two years. The Aging Director added that Barbara Aydlett -Chairman of Elections spoke at the most recent AAA Director's meeting in Austin; discussed that the former \$5 filing fee is being removed. Further updates included that when running for election as a representative one now only needs to obtain 25 signatures to be elected the first time running. In the past one would have to obtain the signatures every two year election period. PSAs to be released about election period.

AREA AGENCY ON AGING (AAA) DIRECTOR'S REPORT

Director Roberts provided updates on the following:

Update on Sonora Flood- The Nutrition site was unaffected but Nutrition Staffs homes were leaving the center short staffed. Sonora Relief Center provided 3 meals a day. 211 specialist Erin Hernandez was working on leads found in papers. Sonora is receiving too many donations and not enough volunteers. 200 homes affected, some will have to be demolished.

Power in Community (PIC) Event - Close to 100 in attendance, including attendees, vendors, speakers, and 211/AAA staff. Received goods reviews. The AAA would like to turn this into a yearly event.

Database Conversion - In the last two days of July, the State had all AAA's convert to a new database system. A month into the new system the State decided to reconvert to the old system, due to the new system falling short in meeting the needs of the State. These two changes caused staff to complete data entry twice for the same month. Due to required reporting in the QPR, which relies heavily on client data entered in to the database, HHS Aging delayed the due date of the entire QPR and requested AAA's to complete the "Exceptional QPR "which required the 9 critical service areas to be reported on, due by September 20th. The entire 4th Quarter QPR is due October 30th.

Stress Busting/EBI program updates - There is one week left of the second class for General Stress Busting. In FY 19, the AAA will seek to provide one additional EBI class. Stress Busting will continue into the new fiscal year. The two options that the AAA is considering: Walk with Ease - a 6 week program, with class 3 times a week and is offered through the Arthritis Foundation. Walk with Ease requires CPR & AED training. Director Roberts to speak with Executive Director about this option due to increased liability.

Active Living Everyday: 12 week class to promote health, wellbeing, and active living. Both prospective classes have online training. AAA will be looking to partner with other community agencies throughout the region to provide Evidence Based Intervention classes.

Medicare Part D Open Enrollment Period – October 15th through December 7th. In order to assist as many clients as possible, the AAA is focusing on scheduling appointments for individuals who can only change their Part D Plan during the Open Enrollment period. Individuals who can change their plan at any time, are provided this information over the phone and will be scheduled for after the Open Enrollment period. Please refer individuals who may need to change their Part D plan to the AAA office and ask to speak with a Benefits Counselor.

November Meeting – FY 19 Service Definitions, update annual RACOA forms, review FY 18 services, review FY 19 AAA Goals, AAA Performance Measure Projections, and updated staffing plan.

CONCHO VALLEY TRANSIT

No Fares Rides to come into the San Angelo Area and go intercounty in the rural counties will be free of cost starting October 1. Cost was formerly \$2.00 one way. Concho Valley Transit is attempting to increase ridership.

New Phone App will allow riders to track their bus.

Completed Rebranding – Concho Valley Transit District/Transa/Thunderbird rebranded as Concho Valley Transit. CVT buses consistent with new branding, focused on rural buses.

ADJOURNMENT

The meeting was adjourned at 11:08a.m. duly adopted at a meeting of the Regional Advisory Committee on Aging this 26th day of September 2018. The next RACOA meeting is scheduled for Wednesday, November 28th.

Minutes completed by Crystalin Pattillo.

Requested changes to September RACOA minutes

“Update on Sonora Flood- The Nutrition site was unaffected but Nutrition Staffs homes were leaving the center short staffed. Sonora Relief Center provided 3 meals a day. 211 specialist Erin Hernandez was working on leads found in papers. Sonora is receiving too many donations and not enough volunteers. 200 homes affected, some will have to be demolished.”

The word ‘flood’ was added to clarify the topic being updated in regards to Sonora.